



ANNUAL REPORT 2005-06

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VISION

To bring quality of life to all people with arthritis and eliminate their suffering.

MISSION

To provide dignity, support and education for Australians suffering from arthritis and their carers.

To radically restrict the rate of growth of arthritis in Australia.

To be a leader in funding and advocating world class research.

Arthritis Australia to be identified as the only independent, arthritis focused and patient driven national body.

highlights



A Song and Dance for Arthritis: Normie Rowe



Jazz icon Kerrie Biddell and MC Gillian Hyde

A Song and Dance

A Song and Dance for Arthritis was the theme for Arthritis Australia's 2006 fundraising dinner. Held in Sydney on April 5, the black tie event saw good times and goodwill. Arthritis Champions, performer Normie Rowe, Australian Ballet soloist Paul Knobloch and jazz icon Kerrie Biddell all donated their time, talent and energy. Much-needed funds for Arthritis Australia's programs were raised thanks to the incredible generosity of sponsors and dinner guests.

Changing faces

In 2006 Dr Mona Marabani was elected president and Bruce Wallis treasurer of Arthritis Australia while former marketing and development manager Ainslie Cahill became CEO in December 2005.

ARA conference

Leading international and local health professionals attending the Australian Rheumatology Association conference called for permanent joint damage to be minimised by the early and accurate diagnosis of arthritis. The 48th Annual Scientific Conference of the ARA was held in Perth in May. Sydney hosts the 2007 gathering.

Research

Almost \$1 million was allocated to arthritis research and funding the chair of rheumatology at the University of Sydney by Arthritis Australia in the 2005 and 2006 calendar years.

Round Table

Clinicians, nurses, GPs, carers, consumers and community health workers were represented at the first national Arthritis Australia Round Table held in Sydney in August. Recommendations were incorporated into the inaugural Joint Action Plan developed by Arthritis Australia in conjunction with affiliate offices in all states and territories.



The Australian Ballet's David McAllister and Paul Knobloch



Trike Around Australia: Parramatta City Council Lord Mayor David Borger with Garry and Doreen Fletcher

1800 011 041

Calls to Arthritis Australia's free telephone information service – 1800 011 041 – increased by almost 100 a week throughout the financial year.

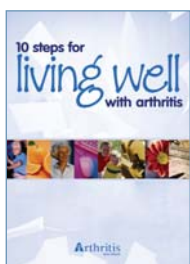
Joint Action Plan

CEOs from arthritis offices in all states and territories met in April to formulate the first Joint Action Plan. The seven goal strategy sees Arthritis Australia aim to: reduce the burden of disease; advance as well as increase knowledge and understanding; reduce disadvantage; drive improvements in systems and services; measure performance and outcomes; raise the profile; and fundraise throughout 2006-07.



10 steps booklet

Everyone continues to be invited to get a copy of *10 steps for living well with arthritis*. Arthritis offices around Australia distributed thousands of copies of this free, easy-to-read guide to managing the symptoms of osteoarthritis, rheumatoid arthritis, and gout. Even more copies of *10 steps* were downloaded from www.arthritisaustralia.com.au.



Trike's triumph

After 560 days on the road, 41,000 kilometres and more than 400 stops in communities around Australia on a motorised trike built for two, champion arthritis fundraisers Doreen and Garry Fletcher arrived back home in Brisbane in March 2006. The Fletchers set out on their epic 18 month journey after being farewelled from Parliament House by prime minister John Howard. They raised almost \$100,000 for Arthritis Australia and a special Trike Around Australia grant will be allocated for research during 2007.

highlights



Adam Gilchrist Trading Challenge launch: Adam Gilchrist, Ainslie Cahill (AAust), Ben Horgan (Arthritis WA) and Craig Coleman (Home Building Society)



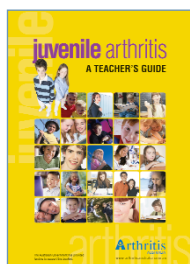
Don't let arthritis take hold!: tv campaign

Adam Gilchrist Trading Challenge

Launched in May, the Adam Gilchrist Trading Challenge gives experienced and novice traders alike the opportunity to play the stock market and, at the same time, raise crucial funds for arthritis research. Arthritis is a cause the Australian cricket team's vice captain says is close to his heart. This now annual event will hit off again in 2007.

Juvenile arthritis

Federal government funding supported three camps for children with arthritis that were held in 2005-06 and the production and distribution of a resource booklet for teachers.



Don't let arthritis take hold!

New television and radio community service announcements were launched to coincide with April's Arthritis Awareness Week. Their theme was *Don't let arthritis take hold!* A significant amount of free, metropolitan and regional airtime was given and the public responded by either phoning the telephone information service or visiting the website.

Speaking your language

Identifying the needs of people with arthritis from a range of cultural backgrounds is the focus of a new Arthritis Australia project that will continue in 2006-07.



JIA camps: Children enjoying the activities at Camp Limber-up in Victoria



Relief Charity Golf Day: Ray Hill with the winner's trophy

Funding first

Under the umbrella of the Better Arthritis Care Program \$372,100 was granted to Arthritis Australia by the Commonwealth Department of Health and Ageing to support awareness raising and camps for children with juvenile arthritis.

Golf

Golf players went into full swing for arthritis in the 2005-06 financial year. Sydneysider Ray Hill organised the Relief Charity Golf Day at the Kogarah Golf Club in September and raised \$20,000 for Arthritis Australia's research program. Genworth Financial named Arthritis Australia as one of the beneficiaries of its corporate golf events and organised playing days in Melbourne in March and Brisbane in April.

Awareness Week

In April state and territory arthritis offices organised special events to increase awareness and understanding of the condition that is a major cause of disability and chronic pain in Australia: arthritis. There was a family picnic day, warm water exercise classes, phone-ins with rheumatologists, special seminars for health workers, gardening classes, a quiz night, a stall at a Seniors Expo, and ever-popular information sessions.

www.arthritisaustralia.com.au

Additional awareness funding enabled Arthritis Australia to update and upgrade the website for the first time in three years. This improved arthritis news pages and user-friendliness of the site and allowed for a comprehensive list of live links to arthritis resources. A record number of visits to the website's arthritis information pages were recorded from April to June.

reports



PRESIDENT

Like most peak consumer organisations Arthritis Australia (AAust) continually faces the challenge of increasing positive outcomes for the community we serve while working with limited human and financial resources. The 2005-06 financial year was no exception and further steps were taken to streamline operations and explore different ways of expanding income streams and outputs.

Although arthritis was declared a National Health Priority by the Commonwealth in 2002 it was not until this year that the Commonwealth Department of Health and Ageing (DoHA) granted AAust \$372,100 to support a national awareness campaign and camps for children with juvenile arthritis. A small sum in the scheme of things but a significant milestone nevertheless.

AAust and its affiliates have first-hand knowledge of the needs of Australians with arthritis, their carers and their families and believe support, education and awareness raising programs should be expanded and enhanced through additional Commonwealth and State Government funding.

In May 2006 the arthritis community were encouraged by the federal treasurer's announcement of the Better Arthritis and Osteoporosis Care budget initiative that allocates ongoing funding of \$14.8 million from 2006 to 2010 for the continuation of programs for improving community awareness and management of arthritis and osteoporosis. Arthritis Australia is now negotiating with DoHA for increased funding so that efforts can be increased for meeting these national objectives.

Earlier this year the AAust board and CEO worked with Affiliate CEOs in developing the Joint Action Plan which

documents the priority areas for national effort and resources in 2006-07. This is a practical solution for combining expertise and resources.

In building the capacity of the AAust team, particularly in the area of financial management, and the consequent focus on the matching of revenue and expenditure, the need for a more aggressive and innovative approach to fundraising has been highlighted.

The launch of the Adam Gilchrist Trading Challenge, a unique, simulated share trading game, introduces a novel approach for raising money for clinical research as well as for positioning Arthritis Australia within the business community. Special thanks to Adam Gilchrist, one of Australia's finest cricketers, for going into bat for arthritis!

Supporting and encouraging world class clinical research continues to be an AAust priority. We are proud of our 25 year association with the Florance and Cope Chair of Rheumatology at Sydney University and are working together on increasing the corpus so that the ever-increasing costs of quality research can be sustained.

Thank you to the scientific advisory and grants committee members for their time and expertise, as well as all AAust supporters – whether it be financial or in-kind. Also I would like to personally thank my fellow board members for their ongoing commitment and, in particular, Bruce Wallis, Professor Graeme Jones and Judith Nguyen for the many hours of voluntary time and expertise given to ensuring Arthritis Australia remains on track in meeting its objectives.

Lastly but not the least, a special thank you to Ita Buttrose who has devoted 25

years as spokesperson for and, more recently, president of Arthritis Australia. Her energy and commitment have been paramount in AAust being equipped to lead and represent the Australian arthritis community.

With 1 in 6 Australians – that's 3.4 million people – living with one of the more than 100 different types of arthritis, it is fair to say that almost everyone is touched directly or indirectly by this disease.

As a rheumatologist, every patient I see in my rooms or on hospital rounds reinforces the importance of Arthritis Australia's contribution to supporting those with arthritis, keeping health professionals, government and the wider community informed, and ensuring essential research is funded.

2007 will be a year for consolidation with the board and team setting long term strategies and goals for ensuring Arthritis Australia's future growth and sustainability. I trust that all our supporters will join AAust for this next stage of development.

Mona Marabani MBBS(Hons) FRACP



CONSUMER REPRESENTATIVE

As the consumer representative on the board of Arthritis Australia I work to ensure the point of view of those with arthritis remains the focus of national policy and programs. This role also means I have opportunities to extend Arthritis Australia's mission through active involvement in a range of important projects.

Since December 2005 I have been on the steering committee of the Musculoskeletal Guidelines Project, a priority of the Commonwealth Department of Health and Ageing's Better Arthritis Care initiative. Managed by the Royal Australasian College of Physicians (RACP), this project is developing guidelines and protocols for general practitioners in relation to osteoarthritis, rheumatoid arthritis, juvenile idiopathic arthritis and osteoporosis. It is also investigating multi-disciplinary management of joint replacement waiting lists.

In May 2005 I joined the advisory board of AMQuIP, the Arthritis and Musculoskeletal Quality Improvement Program. Funded by the Department and again managed by the RACP, in 2005-06 AMQuIP allocated \$3 million to 11 projects that aim to develop a range of new management techniques for people with osteoarthritis, rheumatoid arthritis and osteoporosis.

June 2005 saw an invitation to be part of the first review of Consumer PEDro, a University of Sydney database that will give public access to information on the effectiveness of physiotherapy for arthritis.

I look forward to continuing to voice the needs of people with arthritis and their friends and families.

Judith Nguyen BA DipTching MPRIA

MEDICAL DIRECTOR

Internationally in 2005-06 there were a number of exciting advances in arthritis research, particularly in relation to the treatment of rheumatoid arthritis and the discovery of an antibody that can lead to early identification of this debilitating disease.

Questions about the long term safety of anti-inflammatory agents continued to be raised, highlighting the need for appropriate caution in their use, especially in relation to their over the counter availability.

Locally Arthritis Australia funded a range of projects including investigations into the role of mutations within a gene for Paget's disease, the susceptibility of people from different genetic backgrounds to arthritis-related autoimmune disorders, and the effect of vitamin D3 on the immune system.

The Grants Review Committee met in October to determine recipients of Arthritis Australia's 2006 funding round. Recommendations such as giving preference to new researchers and offering a smaller number of larger project grants to more established investigators were adopted.

October also saw the launch of the National Centre for Monitoring Arthritis and Musculoskeletal Conditions, of which I am a member of the steering committee. This federal government initiative will compile national information on arthritis and osteoporosis. It will also allow assessment of whether initiatives to prevent arthritis are working.

While there is much work to be done, the outlook for people with arthritis is increasingly positive.

Graeme Jones MBBS(Hons) FRACP
MMedSc MD FAFPHM

RHEUMATOLOGY CHAIR

2006 marks the 25th anniversary of the Arthritis Australia-administered Florance and Cope Chair of Rheumatology at the University of Sydney.

The chair was established following a gift of \$850,000 from Dorothy Grace Florance.

Mrs Florance's legacy resulted from the canny investment of a substantial inheritance from her uncle, Mr Cope. The endowment to the then Australian Arthritis and Rheumatism Foundation was made at the suggestion of her physician and friend, who himself had arthritis.

Since my appointment to the Florance and Cope Chair in 1996 I have been an investigator on studies attracting more than \$6 million in research funding.

One of the more significant projects is FREE - Fracture Risk Epidemiology in the frail Elderly - funded by organisations such as the National Health and Medical Research Council, Osteoporosis Australia, and Arthritis Australia.

Begun in 1999, FREE is based on studies of more than 2000 residents of hostels and nursing homes in Sydney. Findings include identifying the nature of the relationship between vitamin D deficiency and a very high incidence of falls and fractures which has led to, for example, the development of a risk assessment checklist for hostels. This project has also shown people's vitamin D level might be associated with mortality rates and, as such, the link between vitamin D and cardiovascular death is currently being investigated.

Philip Sambrook MBBS MD LLB FRACP

research

2005–2006

Arthritis Australia funds research into the causes, diagnosis, treatment, management and prevention of, as well as potential cures for, arthritis and other musculoskeletal conditions.

Year long grants, scholarships and fellowships are offered annually to qualified applicants studying at, or employed by, accredited research institutions such as universities and hospitals.

Arthritis Australia awarded almost \$600,000 to researchers in the 2005 and 2006 calendar years. An additional \$400,000 funded the Florance and Cope Chair of Rheumatology at the University of Sydney.

In the 2005 calendar year Arthritis Australia funded 16 grants, 3 scholarships and 1 fellowship.

Research undertaken in 2005 includes:

- *Improving the effectiveness of a peptide for potential use in arthritis medications*

Dr Marina Ali
Westmead Hospital
Barbara Cameron Memorial Award

- *Investigating the benefits of dampening innate immune response genes and receptors in people with rheumatoid arthritis*

Dr Andrew Cook
University of Melbourne
Victorian Ladies' Bowls Association Grant

- *Continuing studies into which enzyme activity is the most important for initiating cartilage degeneration in joint disease and which activity is responsible for its progression*

Stephanie Gauci
University of Melbourne
Eileen Urquhart Scholarship

- *Further developments in identifying the susceptibility of people from different ethnic backgrounds to Behçet's disease and other inflammatory conditions*

Sue Lester
Hanson Institute and
Dr Maureen Rischmueller
Queen Elizabeth and Royal Adelaide
hospitals
Mrs M Edwards Grant

- *Contributing to knowledge of what causes symptoms seen in people with lupus*

Philip Morgan
University of Sydney
Frank G Spurway Scholarship

- *Demonstrating that cells that produce cartilage – chondrocytes – play an important role in the development and perpetuation of rheumatoid arthritis*

Dr Merrill Rowley
Monash University
Arthritis Australia and State and Territory
Affiliates Grant

- *Using new technology to temporarily switch off genes implicated in rheumatoid arthritis*

Elliott Taranto
Monash University
Arthritis NSW Branches Scholarship

- *Identifying the role of mutations within a gene for Paget's disease, the second most common bone disease among Caucasians over 55 years*

Associate Professor John Walsh
Sir Charles Gairdner Hospital WA
Win Dunne Research Grant

- *Analysing the effect of vitamin D3 on the skin immune system. Adequate circulating vitamin D3 is associated with the prevention of autoimmune forms of arthritis.*

Associate Professor Greg Woods
University of Tasmania
Sir Warwick Fairfax Memorial Grant

Recipients of the latest round of Arthritis Australia research awards were announced in February 2006. Seventeen grants, 2 scholarships and 1 fellowship went to researchers investigating areas as diverse as genetics, ageing, exercise, pain levels, vitamins, and diagnostic testing.

Projects being undertaken in 2006 are:

Grants

■ **Arthritis Australia and State and Territory Affiliates Grants**
funded jointly by Arthritis Australia and State and Territory Offices

Role of macrophage migration inhibitory factor (MIF) in osteoclastogenesis and bone erosion in rheumatoid arthritis
Dr Allison Pettit
Institute of Molecular Bioscience
University of Queensland

Identifying which domain of ADAMTS-5 bind aggrecan keratan sulphate
Dr Daniel McCulloch
Murdoch Children's Research Institute
University of Melbourne

Host genetics and Kawasaki disease
Dr David Burgner
School of Paediatrics and Child Health
University of Western Australia

Can exercise performed once a week maintain or improve the strength and physical functioning of disabled older adults?
Amanda Foley
School of Health Sciences
University of South Australia

Enhancing the measurement of pain in individuals with hip or knee osteoarthritis
Associate Professor Lyn March
Institute of Bone and Joint Research
University of Sydney

Women and arthritis: the burden of suffering for older Australian women
Dr Lynne Parkinson
Centre for Research and Education in Ageing
University of Newcastle

Clinical features of individuals with patellofemoral osteoarthritis: a pilot study
Dr Kay Crossley
School of Physiotherapy
University of Melbourne

Vitamin D status, knee structural change, fall risk and change in bone density
Dr Changhai Ding
Menzies Research Institute
University of Tasmania

■ **Philip Benjamin Grant**

Fracture risk epidemiology in the frail elderly: long term follow-up
Professor Philip Sambrook
Institute of Bone and Joint Research
Royal North Shore Hospital

■ **Win Dunne Research Grant**
funded by Arthritis Tasmania

Mortality following cardiovascular events in rheumatoid arthritis
Dr Sharon Van Doornum
Department of Medicine
University of Melbourne

■ **Heidenreich Paget's Disease Grant**
funded by Arthritis South Australia

Functional characterisation of a novel SQSTM1/p62 mutant associated with severe Paget's disease of the bone
Associate Professor Thomas Ratajczak
Department of Endocrinology & Diabetes
Sir Charles Gairdner Hospital, WA

■ **Allan Stephens Grant**

Biomechanical testing to detect cartilage breakdown
Associate Professor Christopher Little
Raymond Purves Bone and Joint Research Laboratories
University of Sydney

■ **Victorian Ladies' Bowls Association Grant**
funded by Arthritis Victoria

Does bone metabolism affect knee cartilage in healthy women?
Dr Anita Wluka
Department of Epidemiology and Preventative Medicine
Monash University

■ **Phyllis MacDonnell Grant**
funded by Arthritis New South Wales

Regulation and function of activating/inhibitory leukocyte immunoglobulin-like receptors (LIRs) in rheumatoid arthritis
Owen Huynh
Inflammatory Diseases Research Unit
University of New South Wales

Role of AIF1 in rheumatoid arthritis
Professor Matthew Brown
Centre for Immunology and Cancer Research
University of Queensland

The effect of IL-15 on global gene expression in mast cells – implications for rheumatoid arthritis pathogenesis
Nicole Jackson
Department of Pathology
University of New South Wales

■ **Wolf Blass Grant**
funded by Arthritis South Australia

Sphingosine kinase and vasculogenesis are key factors in the development of arthritis
Dr Claudine Bonder
Vascular Biology Laboratory
and Immunology Department
Institute of Medical and Veterinary Science, SA

Fellowships

■ **AFA-ARA Heald Fellowship**

The role of membrane type matrix metalloproteinase-1 and osteopontin in tendon synovial invasion
Dr Nghia Le
Institute of Bone and Joint Research
University of Sydney

Scholarships

■ **Arthritis NSW Branches Scholarship**

MIF & cell cycle in rheumatoid arthritis
Elliott Taranto
Department of Medicine
Monash University

■ **Eileen Urquhart Scholarship**
funded by Arthritis Victoria

Arthritis studies in collagenase resistant knock-in mice
Stephanie Gauci
Murdoch Children's Research Institute
University of Melbourne

governance

Board of Directors

The board is responsible for overseeing planning, resource use, growth, liaison across the community, and enhancing the image of Arthritis Australia.

Mona Marabani MBBS(Hons) FRACP President

Dr Marabani, a practising rheumatologist, was appointed president in June 2006 after serving three years as vice president. She has also chaired the Scientific Advisory Committee.

Bruce Wallis BComm FCA FAICD Treasurer

Appointed to the board in July 2005 and as treasurer in June 2006, Mr Wallis is Arthritis Queensland's representative. A chartered accountant, he is currently chair of finance and remuneration with ABN AMRO Morgans.

Sharon Freund BSc LLM Secretary

Ms Freund is a magistrate who also chairs Soccer NSW's Appeals Tribunal. She was appointed secretary in November 2003.

Graeme Jones MBBS(Hons) FRACP MMedSc MD FAFPHM Medical Director

Professor Jones was appointed medical director in May 2003 and chairs the Grants Review Committee. He is director of rheumatology at Royal Hobart Hospital and head of the musculoskeletal unit at the Menzies Research Institute, University of Tasmania.

Judith Nguyen BA DipTchg MPRIA

Mrs Nguyen is the board's consumer representative. Formerly president of Arthritis Tasmania she joined Arthritis Australia as a director in May 2003 after a career in corporate communication.

Helen Cody

Mrs Cody has been on Arthritis Australia's board since October 2001. A retired teacher, she is chair of Arthritis ACT.

Barry Dove LLB QC

His Honour Judge Dove is a county court judge in Victoria and vice president of the Victorian Civil and Administrative Tribunal. President of Arthritis Victoria since 2003, he was appointed to Arthritis Australia's board in July 2005.

David Motteram

Mr Motteram is a retired business manager and current president of Arthritis South Australia. He was appointed to the board of directors in December 2002.

Barry Nunn AO

Mr Nunn was appointed in April 2006 and is a member of the board of Arthritis WA. A retired senior manager he became an Officer of the Order of Australia in 1989 and was awarded a Centenary Medal in 2003.

Andrew Walker LLB

Mr Walker, a specialist corporate lawyer, is president of Arthritis Tasmania and was appointed to the national board in November 2004.

Retiring directors

Stephen Abbott FCPA FTIA
February 2003-February 2006

Ita Buttrose AO OBE
June 2003-February 2006

Elizabeth (Beth) Lovegrove
November 2004-November 2005

David Riches BEd DipTchg
March 2002-September 2005

Executive

Ainslie Cahill

Ms Cahill was appointed CEO in December 2005, having served as marketing and business development manager from August 2003. She has more than 25 years' experience working in a variety of industries including senior management positions in vocational education, publishing, and film, television and theatre production.

Scientific Advisory Committee

This committee provides the Arthritis Australia board with medical expertise.

Mona Marabani MBBS(Hons) FRACP Chair

Dr Marabani, a practising rheumatologist, is president of Arthritis Australia.

Peter Brooks MD FRACP FRCP Edin FAFRM FAFPHM MD Lund (Hons Causa)

Professor Brooks is executive dean, health sciences at the University of Queensland and chair of the Australasian Centre for Complementary Medicine, Education and Research.

Simon Burnet MBBS FRACP

Dr Burnet is an Adelaide based rheumatologist who is a consultant at the Queen Elizabeth Hospital. He is also medical director of Arthritis SA.

Anna Dorai Raj MRCP (UK) FRACP

Dr Dorai Raj heads rheumatology at the Canberra Hospital and lectures at the Australian National University.

John Edmonds MBBS MA FRACP

Professor Edmonds is the director of rheumatology at Sydney's St George Hospital and conjoint professor of rheumatology at the University of NSW.

John Hart MBBS FRACS FAOrthA FASMF FACSP

Associate Professor John Hart is an orthopaedic surgeon based in Melbourne where he is a clinical associate professor of surgery at Monash University.

Julien de Jager MB BCH FRACGP FRACP

Dr de Jager is a Queensland-based consultant rheumatologist and a past president of the Australian Rheumatology Association.

Graeme Jones MBBS(Hons) FRACP MMedSc MD FAFPHM

Professor Jones, head of the musculoskeletal unit at the University of Tasmania and director of rheumatology at Royal Hobart Hospital, is medical director of Arthritis Australia.

Philip Sambrook MBBS MD LLB FRACP

Professor Sambrook holds the Arthritis Australia funded Florance and Cope Chair of Rheumatology at the University of Sydney.

Andrew Taylor MBBS FRACP

Dr Taylor works in private practice and is head of rheumatology at Royal Perth Hospital.

Peter Youssef MBBS(Hons) FRACP PhD

Associate Professor Youssef is a staff specialist in rheumatology at the Royal Prince Alfred Hospital in Sydney.

Grants Review Committee

This committee assesses all applications for research funding.

Graeme Jones MBBS(Hons) FRACP MMedSc MD FAFPHM Chair

Professor Jones is head of the musculoskeletal unit at the University of Tasmania and director of rheumatology at Royal Hobart Hospital.

Rachelle Buchbinder MBBS(Hons) MSc FRACP

Associate Professor Buchbinder is a rheumatologist and clinical epidemiologist. She is director of the department of clinical epidemiology at Cabrini Hospital.

Flavia Cicuttini MBBS(Hons) PhD MSc DLSHTM FRACP FAFPHM

Associate Professor Cicuttini is head of the musculoskeletal and rheumatology units at Alfred Hospital.

Marlene Fransen PhD MPH DipPhysiotherapy

Dr Fransen heads musculoskeletal conditions, George Institute, University of Sydney.

Michelle Leech MBBS FRACP PhD

Dr Leech is a research fellow at Monash Medical Centre.

Patrick McNeil MBBS(Hons) PhD FRACP GradDipHEd

Professor McNeil holds the University of New South Wales' chair of rheumatology at Liverpool Hospital.

Maureen Rischmueller MBBS FRACP

Dr Rischmueller is director of rheumatology at the Queen Elizabeth Hospital and a senior lecturer at the University of Adelaide.

Peter Youssef MBBS(Hons) FRACP PhD

Associate Professor Youssef is a staff specialist in rheumatology at the Royal Prince Alfred Hospital in Sydney.

Patron

His Excellency Major-General Michael Jeffery AC CVO MC Governor-General of the Commonwealth of Australia

support

Support for Arthritis Australia's care, awareness and research programs continues to grow. Arthritis costs the local economy about \$19.25 billion each year.

In 2005-06 corporate Australia once again demonstrated its commitment to assisting the one in six people who has this often debilitating condition.

Individual generosity was unprecedented and led to, for example, the establishment of four new research grants: the Jack Bloomfield, Ray Hill, and Trike Around Australia grants as well as the Dr Ray and Pam Robinson Award for Rheumatology Research.

To everyone who gave support – be it expertise, time, funding, goods and services - a heartfelt thank you on behalf of the almost 3.4 million Australians with arthritis and their friends, colleagues, carers and families.

10 steps for living well with arthritis

Booklet reprint

Abbott Australasia
Boehringer Ingelheim
Merck Sharp & Dohme (Australia)
Pfizer Australia
Schering-Plough
Wyeth Australia

Arthritis Australia Community Chest – Medicines Australia Community Care Program

Major sponsors

Abbott Australasia
Pfizer Australia
Schering-Plough
Wyeth Australia

Contributors

Amgen Australia
Boehringer Ingelheim
Merck Sharp & Dohme (Australia)
Novartis Pharmaceuticals Australia
Roche Products

A Song and Dance for Arthritis

Gold sponsors

Blackmores
Pfizer Australia

Silver sponsor

Pain Clear Paracetamol

Bronze sponsors

Abbott Australasia
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pdq design
Print National
Roche Products
Sorbothane Australasia
State of the Arts
Stryker Australia

Arthritis Champions

Kerrie Biddell
Paul Knobloch
Normie Rowe

Supporters

The Australian Ballet
Company B Belvoir
Michael Hawkins
Ray Hill
Gillian Hyde
Glen Street Theatre
Liz Rivers
Sheraton on the Park
Southern Adventures
Taronga Park Zoo
U-Drive
Westfield Bondi Junction

Awareness and education programs

Commonwealth Department of Health
and Ageing

CEO Summit

Roche Products

Round Table

Medicines Australia Community
Care partners

Awareness seminars

Stryker Australia

Trike Around Australia

Organisers
Doreen and Garry Fletcher

Major sponsor
Blackmores

Donations of \$500+

Australian Institute of Company Directors
Lorraine Gay
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Jean Murray
Novartis Pharmaceuticals Australia
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Estate of Gwendoline West
YourHealth Group

In-kind support

@radical.media
The Glue Society
Isaacs & Cole
Robert Humphries
Kemp Strang
Master Builders Association
Microsoft
pdq design
Print National

And a very special thank you to all the television and radio stations throughout Australia who donated their airtime to run Arthritis Australia's *Don't let arthritis take hold!* community service announcements.



finance

BALANCE SHEET

INCOME STATEMENT

Each Australian state and territory of Australia has its own arthritis foundation: Arthritis ACT, Arthritis NSW, Arthritis NT, Arthritis Queensland, Arthritis Tasmania, Arthritis SA, Arthritis Victoria, and Arthritis WA.

Arthritis Australia is the national office representing these affiliate organisations.

Arthritis Australia

Following is the balance sheet and income statement of the national arthritis office.

	05/06 \$	04/05 \$
Current Assets		
Cash Assets	403,300	380,366
Receivables	186,841	417,244
Investments	1,505,830	937,578
Other	-	-
Total Current Assets	2,095,971	1,735,188
Non-Current Assets		
Receivables	50,000	50,000
Investments	3,139,864	3,262,271
Property, Plant & Equipment	22,667	27,863
Total Non-Current Assets	3,212,531	3,340,134
Total Assets	5,308,502	5,075,322
Current Liabilities		
Payables	505,236	430,637
Provisions	204,785	235,229
Total Current Liabilities	710,021	665,886
Non-Current Liabilities		
Payables	-	11,730
Total Non-Current Liabilities	-	11,730
Total Liabilities	710,021	677,596
Net Assets	4,598,481	4,397,726
Total Foundation Funds	4,598,481	4,397,726

	05/06 \$	04/05 \$
Income		
Donations/fundraising		
General	346,681	492,820
Affiliates	235,170	206,822
Total	581,851	699,642
Sponsorship	287,680	263,795
Membership Fees	1,804	1,896
Investments		
Interest	128,756	174,541
Profit on Sale	20,921	1,109
Dividends	140,404	108,353
Total	290,081	284,003
Other	73,597	68,079
Total Income	1,235,013	1,317,415
Expenses		
Research	512,693	574,749
Patient & Community Services	88,224	98,723
Education & Awareness	636,853	358,568
Administration	216,925	189,372
Fundraising	39,177	24,308
Depreciation	5,817	8,025
Total Expenses	1,499,689	1,253,745
Net Surplus/(Deficit)	(264,676)	63,670
Asset Revaluation / (Devaluation)	(3,422)	8,046
Change in Foundation Funds	(268,098)	71,716

Total Foundation funds at 30 June 2006 include \$3,632,395 (2005 - \$3,214,815) of contractually restricted research funds administered by the Foundation Arthritis Foundation of Australia ABN 67 002 598 594 trading as Arthritis Australia

The above tables showing the balance sheet and income statement for the year ended 30 June 2006 have been prepared from audited financial statements passed by the Board of Directors, who are responsible for the presentation of the financial statements and the information they contain. The complete financial report of the Foundation and the audit report by Isaacs & Cole is available from Arthritis Australia GPO Box 121 Sydney NSW 2001 p: 61 2 9552 6085 e: info@arthritisaustralia.com.au

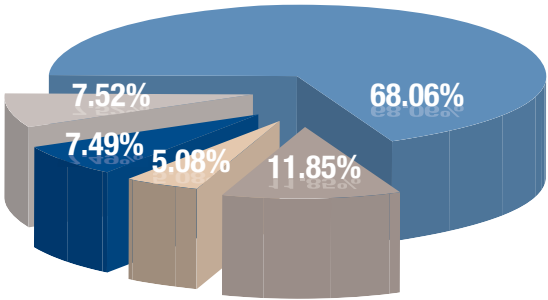
NATIONAL

A total of \$20,624,346 in assets is held by the nine Australian arthritis foundations; one in each state and territory plus the national office. Collective liabilities account for \$5,689,369.

Following is the national summary of revenue and expenditure.

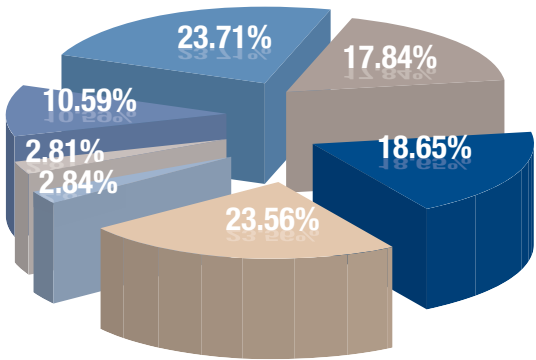
revenue

FUNDRAISING	\$9,916,029	68.06%
GRANTS	\$1,726,253	11.85%
MEMBERSHIP	\$740,290	5.08%
INVESTMENT	\$1,091,177	7.49%
SERVICE	\$1,095,654	7.52%



expenditure

PATIENT & COMM SERVICES	\$3,069,292	23.71%
EDUCATION & AWARENESS	\$2,309,190	17.84%
ADMINISTRATION	\$2,414,163	18.65%
FUNDRAISING	\$3,049,766	23.56%
DEPRECIATION	\$366,986	2.84%
OTHER	\$363,603	2.81%
RESEARCH	\$1,370,624	10.59%



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