The research aims to explore whether non-invasive brain stimulation can be used to boost the pain-relieving effects of exercise.





Contact Us

Contact the details below or scan the QR code! Keeley.McNally@hdr.qut.edu.au 0435 049 299





About You

To be eligible for this trial you must be:

- 45 years of age or older
- Have knee joint pain

You may be ineligible if you have recently undergone surgery, have previously had a stroke, or take particular medications. Upon getting into contact with us, you will be carefully screened to ensure your safety!





In partnership with the Queensland University of Technology and Western Sydney University, with funding from Arthritis Australia.

About the Trial

The Benefits

You will you receive free treatment with known benefits for knee pain. At the completion of the trial you will also receive monetary reimbursement!

The Treatment

The treatments consists of a personalised exercise program prescribed by a physiotherapist or exercise physiologist as well as treatment that involves non-invasive brain stimulation!

Your Commitment

For the first two weeks, the treatment will require 45 minutes of your day, five days a week. For the remaining six weeks of the trial, you will be required to complete a 20-minute exercise program three days a week.