

# EPIK

## PATIENTS' PERCEPTIONS OF EARLY INTERVENTION AFTER KNEE REPLACEMENT A QUALITATIVE STUDY



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## SYNOPSIS

### BACKGROUND

In Australia, **70,000 Total Knee Replacements (TKR)** are performed every year. While TKR improves overall pain and function, **1 in 4 patients experience persistent pain after TKR.**

Australia does not have a structured model of care to manage people with persistent pain after TKR.

Our team led by University of Sydney and University of New South Wales researchers is developing a **model of care for people who have persistent pain after knee replacement surgery – the EPIK model of care.** EPIK will identify and treat patients, primarily via telehealth for scalability and accessibility across Australia.

### OUR RATIONALE

To make sure that the EPIK model of care is meaningful to patients, we want to learn more about your experiences as someone who has had TKR.

### OUR AIM

To understand the perspectives and experiences with healthcare of people who have undergone TKR surgery.

### WHO CAN TAKE PART?

Adults living in Australia who have previously undergone TKR surgery in at least one knee.

### HOW MUCH TIME WILL THE STUDY TAKE?

Your participation will involve

- A brief 10-15 minute survey to help us understand more about you
- A 30-60 minute interview with our team.

### WHAT ARE THE BENEFITS OF PARTICIPATING?

By participating you will be contributing to important research that helps us understand stakeholders' perceptions of the EPIK model of care for people with persistent pain after TKR surgery. You will also be compensated for your time.

**To get involved, email [epik.study@sydney.edu.au](mailto:epik.study@sydney.edu.au)**

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This study is funded by the National Health and Medical Research Council (NHMRC): application ID: 2032516