

Examining validating and invalidating healthcare experiences of adults with chronic pain

What are we trying to do?

Many people with chronic pain **report invalidation** in healthcare settings. Invalidation occurs when their account of symptoms are **not believed** or **treated seriously** by healthcare professionals.

We are interested in hearing about these experiences and what people with chronic pain **recommend for increasing validating care**.

What is involved?

- 10-15 minute online survey*
- Interview [optional]*

Who are we looking for?

- ≥ 18 years old and living in Australia
- Speak, read and write English (fluent)
- Managing chronic pain for ≥ 3 months
- Have pain most days or everyday
- Chronic pain primarily managed via Australian healthcare system

How do I get involved?

You can **scan the QR code** to take you to the survey if you think you are eligible. We also welcome you to **share this with anyone you think may be interested**.

Please contact: Thomas Woldhuis, PhD candidate, School of Psychology, Faculty of Science, twol8470@uni.sydney.edu.au if you have any questions or would like further information about this study.

This study has been approved by the Human Research Ethics Committee (HREC) of The University of Sydney [HREC:2024/HE001291] * Survey participation will earn entry to win 1 of 3 \$50 Amazon vouchers; interviewees will receive \$20 Amazon voucher.

