

Are you living with chronic disease?

COMPLETE AN ONLINE SURVEY TO HELP US UNDERSTAND YOUR EXPERIENCES OF SOCIAL ISOLATION AND LONELINESS LINKED TO CHRONIC DISEASE

TO BE ELIGIBLE TO PARTICIPATE, YOU MUST:

- Be 60 years and over;
- Be diagnosed with at least one of the nine common physical chronic diseases (i.e., arthritis, asthma, diabetes, back pain, cancer, chronic kidney disease, chronic obstructive pulmonary disease, osteoporosis, cardiovascular disease);
- Be able to read and write English (to the level of the daily newspaper);
- Reside in Australia;
- Not have a cognitive impairment (e.g., due to dementia or brain injury) or significant psychiatric comorbidity (e.g. psychosis, delirium).

What is the study?

We will be conducting a confidential online survey to identify possible factors that may impact chronic disease outcomes, social isolation and loneliness.

The end goal of this research stream is to develop an intervention for adults living with chronic disease that targets social isolation and loneliness.

What will I be asked to do?

You will be asked to complete a short online screening survey to work out if you are eligible. If you proceed, you will be asked to participate in a 30-45 minute online survey. You will be asked to complete an annual survey each year for up to 4 years.

How do I get more information or sign up?

Please scan the QR code to navigate to the Participant Information and Consent Form to read more about the study. If you consent to participating, you will then be directed to an eligibility screener, and then the main survey if the study is suitable for you.

Link to the Participant Information and Consent Form:

https://mquni.au1.qualtrics.com/jfe/form/SV_9og9C3dfE047CvA

Alternatively, if you are interested in learning more about this study or signing up, please contact the research team by email (olderadults.research@mq.edu.au). We greatly appreciate your assistance with our research and look forward to hearing from you.



LIFESPAN HEALTH AND WELLBEING RESEARCH CENTRE

